



Caucasus University

Caucasus School of Humanities and Social Sciences

Title of the educational program	Klinikuri art Terapia
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Title of the educational program in the English language	Clinical Art Therapy
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Level of the higher education	Master's degree level
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Type of the educational program	Academic
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The language of teaching	Georgian
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Qualification to be awarded, Code	
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In Georgian:	კლინიკური ფსიქოლოგიის მაგისტრი (0313)
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In English:	Master in Clinical Psychology (0313)
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Date of the program approval	Order of the President of Caucasus University #01/01-53 01.08.2019
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Date of the program renewal	Order of the President of Caucasus University #01/01-31 21.04.2020
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Program head	Natia Panjikidze, Associate Professor of Caucasus University Under order of the President of Caucasus University #01/01-52 01.08.2019
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Program Volume in Credits	
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The Master's degree academic program in Clinical Art Therapy is comprised of 120 ECTS with 60 ECTS per year and 30 ECTS per semester. Consequently, the expected duration of the program is two years. The academic year is based on the semester principle. Each semester is a combination of educational weeks, weeks for taking additional exams and the weeks for evaluating students' performance (papers). Each academic year is a combination of semesters including a period for vacation. 1 ECTS equals to 25 hours including class hours (contact hours) (lectures, classes, seminars, practical work, etc.) and hours for independent work (preparing for the midterm and final examinations, homework assignments and presentations).

After expiration of the standard duration of the program in Clinical Art Therapy, the students with academic debts are allowed to pursue education in the additional semesters (not more than 6) and retain the student status.

The Master's degree program in Clinical Art Therapy is comprised of 120 ECTS of which 65 ECTS credits are for mandatory courses in the specialty, 30 ECTS credits are for the Master's thesis and 25 ECTS credits for optional specialty courses, which can be opted for out of 70 ECTS credits of the optional specialty courses.

Precondition of admission to the Program

The precondition for admitting to the Master's degree program is having at least Bachelor's or any other equalled academic degree in Psychology/psychiatry, Master's Degree Examination results and the internal University examination (testing/interviews).

At the internal University examination, the applicants shall be evaluated by the admission commission with a 100 point scale, out of which 60 points are assigned to the Master's (Graduate) Examination results while 40 points can be earned at the interview with the admission commission (the applicant's motivation, analytical thinking skills, logical reasoning and communication skills are evaluated).

For enrolling on the program, the applicants shall submit a certificate to prove the English language knowledge (B2 level CEFR) (TOEFL, IELTS, CAE, TOEIC, FCE (Grades A, B), CPE or other certificates if valid) or take an interview with the English language examination commission at the University. The applicants whose diploma supplements confirm their B2 level qualification in the English language or graduates of the English language Bachelor's and Master's degree educational programs are exempt from the requirement of submitting the above-mentioned certificates of the English language or taking the internal University examination in the language.

In the case the students wanting to use their right to mobility and enrol at Caucasus School of Humanities and Social Sciences, the question is studied and the final decision is reached by the Master's Program Director and the School Dean. In the case they find the student eligible, the student enrolls on the program after the President's relevant order is issued.

The Program Qualification Description

<p>Program goals</p>	<p>The aim of the program is to introduce students to the method of art therapy, which is widely used and implemented in mental therapy around the world and prepare specialists of clinical psychology with specialization in art therapy.</p> <p>The program encompasses a combination of educational courses, which ensure establishment of the worldview and systemic thinking of art therapy and makes the program goals and objectives attainable.</p> <p>By implementing Master's program in Clinical Art Therapy, Caucasus University and Caucasus School of Humanities and Social Sciences ensure future-oriented education meeting modern standards; prepares students for using mobility in the international educational space; it supplies the labor market with graduates committed to the principles and values of humanity and democracy.</p>
<p>Program learning outcomes</p>	<p>After completing Master's Educational Program, the student has the following competencies:</p> <p>Outcome 1.</p> <ul style="list-style-type: none"> • Knows all the symptoms of all diagnosis according to DSM 5; has a deep knowledge of different types of psychical disorders and distinguishes them; • Knows somatoformic, dissociative, dysmorphic disorders, mood-swings, bipolar, eating and sleeping disorders and all the other psychical disorders classified by DSM newest revision; knows their causes and modern therapeutic approaches; • Is able to identify psychical disorders and select appropriate psychotherapeutic methods; • Has a deep knowledge of substance-related disorders and ways of their treatment; • Has an in-depth knowledge of the contents of mental disorders. <p>Outcome 2. The graduate has developed expressive, metaphoric, symbolic and associative thinking. He/she can diagnose and opt for a strategy of working with methods of art therapy with patients; is able to carry out psycho correction, evaluate the process and the achieved interim and final results.</p> <ul style="list-style-type: none"> • Has skills to get involved in a creative conversation with the patient; • Has skills to comprehend contents of art therapeutic work created by the patient and speak about arts; • Has skills to distinguish among diagnosis according to the stereotypical patterns and comprehend peculiarities of disorders; • Has skills to decide which art therapeutic approach to use to continue psycho correction. <p>Outcome 3. The graduate follows the norms of professional ethics when working with patients. Has skills to inspire patients and involve them in the therapy.</p> <p>Indicators:</p> <ul style="list-style-type: none"> • Knows ethics of working with patients, keeps confidentiality of the patient's information and respects his/her personality; • Knows how to deal with patients and is able to conduct a primary clinical

interview;

- knows how to offer and how to get the patients interested in the therapeutic process according to the types of diagnosis.

Outcome 4. Has a broad knowledge in humanities, which allows him/her to have a broad horizon and various strategies of handling each case individually. As the human-being is in the center of every discipline of humanities, a broad education in humanities allows him/her to identify a mental problem and find ways of its solution.

Indicators:

- Knows basic terms of literary studies, arts, philosophy and theology; has learned the history of development of these sciences; has a deep knowledge of the terms envisaged by the relevant syllabi;
- Knows the developmental stages and epochs of literature, arts, philosophy and theology; is able to detect their interrelation and generalize stages of their development; identify links among these fields and characterize the spirit of the epochs;
- Has read literary pieces of the most prominent writers and is able to identify their place in the world literature; knows all the epochal events and can identify their impact on different spheres of culture; is familiar with all the major philosophical schools and movements from the period of antiquity until present day; has a deep knowledge of Christianity, its influence on various aspects of arts and the significance of spirituality in the life of modern men;
- Can give reasoned judgement on pieces of literature or works of art, a character or a topic by using appropriate and relevant terms; knows how “to read” a piece of art and how to assign it a relevant place in the general context (the epoch, historical background, influence, etc);
- Can independently prepare an essay/presentation on specific or general issues of humanitarian sciences by generalizing knowledge gained through learning all the courses in humanities;
- By learning humanitarian sciences, his/her horizon expands and he/she acquires humane and esthetic values.

Outcome 5. The graduate has acquired skills to carry out research independently. Is able to independently plan and implement research projects and present research findings in writing by adhering to the academic norms and standards.

- Has an in-depth knowledge of modern research methods of social sciences; is able not only to share the knowledge but also to apply it;
- Is able to create a research design, form a research issue and hypotheses and opt for relevant research method(s); is familiar with data collection and procession techniques and is able to evaluate the data validity and reliability;
- Is able to independently carry out field activities; process and analyze data secured through empirical research;
- Is able to identify information sources (bibliography, documents, web pages) and obtain additional information through applying relevant methodology;
- Is able to prepare a comprehensive report on the research findings and present

	<p>well-structured academic paper in writing; is able to present and defend outcomes of the research carried out by him/her in front of scientific community.</p> <p>Outcome 6. The graduate can taken on the function of multiplier and facilitate development and promotion of the field of science. The graduate performs a job beneficial to the whole society as he/she serves the mental health of an individual.</p> <p>Indicators:</p> <ul style="list-style-type: none"> • Is able to track scientific novelties in his/her field of profession; familiarize with modern literature and research findings, analyze them and generate new ideas by relying on them. • Is able to put the acquired knowledge in practice and share it with the members of his/her community; • Is able to carry out his/her job professionally, promote individual's mental health and reduce the need of patients' hospitalization.
Fields of employment	<p>Graduates of Master's Program in Clinical Art Therapy can be employed anywhere in need of a psychotherapist/art therapist.</p> <ul style="list-style-type: none"> • Open and closed organizations of mental health; • Children's hospice; • Oncological clinics; • Paliative centers; • Penitentiary system; • Disables persons unions; • Higher education institutes and secondary and high schools; • Non-Governmental organizations.
Opportunities to pursue education	<p>The graduates can pursue their education on the third level of higher education – for PhD academic degree.</p>

Program Curriculum
(With the indication of modules, courses, relevant credits)

№	Course Code	Prerequisite	Course\ Module	Study Year				ECTS Credits
				I		II		
				ECTS Credits				ECTS Credits
				I semester	II semester	I semester	II semester	
			Subjective and Professional Module (compulsory)	20	25	20	30	95
1.	PSYC 5160	None	Abnormal Psychology 1	5				5
2.	PSYC 5161	None	Fundamental Concepts of Psychoanalysis	5				5
3.	PSYC 5162	None	Art Therapy Theories	5				5
4.	HART 5160	None	World Art History (from beginning to present)	5				5
5.	PSYC 5260	PSYC 5160	Abnormal Psychology 2		5			5
6.	PSYC 5261	PSYC 5161	Fundamentals of Psychoanalytic Anthropology and Socium Clinic		5			5
7.	PSYC 5262	PSYC 5162	Art Therapy for Mental Disorders		5			5
8.	HART 5260	None	World Art History (modern era)		5			5
9.	QRP 5260	None	Qualitative Resaerch in Psychology		5			5
10.	PSYC 5360	PSYC 5260	Abnormal Psychology 3			5		5
11.	PSYC 5361	PSYC 5261	Psychoanalytic Psychopathology of Trauma and Traumatismes			5		5
12.	PSYC 5362	PSYC 5262	Art Therapy Methods			5		5
13.	PRAC 5360	PSYC 5260 PSYC 5261 PSYC 5262	Professional Practice			5		5

№	Course Code	Prerequisite	Course\ Module	Study Year				ECTS Credits
				I		II		
				ECTS Credits				ECTS Credits
				I semester	II semester	I semester	II semester	
14.	THES 5460	RES 5360	Master's Thesis				30	30
			Elective Subjects Module	10	5	10		25
15.	LIT 5160	None	Literature - Text Analysis	5				5
16.	LIT 5161	None	Motives and Stories of the World Literature	5				5
17.	PHIL 5160	None	Philosophy –Aesthetic Upbringing and Idea of the Whole Human Being	5				5
18.	PHIL 5161	None	Philosophy – Philosophy and Art. Perspective of Critical Theory	5				5
19.	RES 5160	None	Research Desing and Methodology	5				
20.	PHIL 5260	None	Philosophy – Introduction to Soren Kierkegaard's philosophy		5			5
21.	PHIL 5261	None	Philosophy – the Issue of Interrelationship of Art, Religion and Philosophy in German Philosophy		5			5
22.	THEO 5260	None	Theology – Introduction to Christian Spirituality		5			5
23.	THEO 5261	None	Theology - Religious Motives and Stories		5			5
24.	THEO 5360	None	Theology - Christian Civilization			5		5
25.	THEO 5361	None	Theology – Angels or Demons, Kidness or Evil			5		5
26.	ANTR 5360	None	Psychological Anthropology			5		5
27.	SEMI 5360	None	Fundamantals of Semiology			5		5

№	Course Code	Prerequisite	Course\ Module	Study Year				ECTS Credits
				I		II		
				ECTS Credits				I semester
28.	NAP 5360	QRP 5260	Narrative Analysis in Psychology			5		
ECTS Credits	Semester		Per semester	30	30	30	30	
ECTS Credits			Per year	60		60		120

